



School District No. 83 (North Okanagan-Shuswap)

# Should you be at school?

Children should be at home if they have any of the following symptoms of illness . . .



**Fever and chills** (greater than 37.5 degrees Celsius)



**Coughing and Sneezing**



**Vomiting or Nausea**



**Extreme Exhaustion**



**Shortness of Breath**



**Close contact with a confirmed case of COVID-19**



**Diarrhea**



**Severe Headache**



**Difficulty breathing**  
(and seek medical assistance)



**Loss of taste or smell**

**Also, pre-existing medical conditions until you have medical clearance**

(for example Heart Disease, Lung Disease, Kidney Disease, Asthma, Diabetes, Cancer, Immunocompromised etc.)

Get BC's Health Check App at:

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s1>

**Safety Matters because YOU Matter!**